

Dementia Care for Peace of Mind

Supporting you with dementia
care, so you can go back to being
a loved one.



When Memory Fades, Concern Grows

Dementia not only affects the person living with it – it changes the lives of their loved ones. As the condition progresses, everyday responsibilities increase, emotional strain builds, and the role of spouse, child or friend slowly shifts into that of a caregiver. You may feel overwhelmed, emotionally drained, or unsure of where to turn for help. You are not alone.

Recognising the Signs of Dementia

Early detection can help people to find the right support and advice that will promote wellbeing and enhance quality of life.

Everyone experiences dementia differently, but some of the common symptoms include:

- Forgetting recently learned information
- Difficulty performing familiar tasks like paying bills or cooking meals
- Losing track of time and place
- Losing or misplacing items
- Withdrawing from social activities
- Changes in mood, personality or communication

If you notice these changes in a loved one, it might be time to seek help.

Caring for Someone with Dementia

When caring for someone with Dementia, familiarity and security matter. Staying in the familiar surroundings of home can reduce confusion, anxiety, and emotional distress. With the right support, your loved one can maintain connection, independence and comfort in the place they know best.

Supporting someone living with dementia:

- Create a safe and familiar environment
- Communicate clearly and provide simple choices
- Encourage independence
- Respond to emotions and body language, not just words
- Engage in meaningful activities
- Prioritise self-care and make time for yourself

A Familiar Face for a Mind That Feels Unfamiliar

You don't have to do this alone. At Dovidá, we specialise dementia care at home – providing peace of mind to families and quality of life to loved ones.

Dementia care with Dovidá:

- Visits from a familiar team of compassionate and matched caregivers who understand your loved ones preferences and routines
- Dementia-trained caregivers able to provide companionship and support with tasks of everyday living
- Experienced Care Managers working in partnership with families to ensure that care meets changing client needs



Our Dementia Care Services

We provide reliable, personalised help that supports both the person with dementia and their family. These include:

Meal Preparation – Nutritious meals cooked or prepared at home

Companionship – A trusted, friendly companion to talk to, reminisce and connect with

Transportation – Safe, supported trips to appointments or social activities

Respite Care – Time to rest and recharge, knowing your loved one is well cared for

Start with a conversation

Dovidá offers a free, no-obligation, home care consultation with you and your loved ones.

Together we create a personalised plan that meets your needs and preferences.

Call 1300 008 018 to speak with your local office today.



Let's Make Home a Safe Haven

Being there for someone with dementia doesn't mean doing it alone.

With Dovida, you can step back into the role of being a daughter, son, or partner - while we take care of the caregiving.

A Loss of Memory is not Memories Lost

Contact us today to learn how we can help:

1300 008 018
dovida.com.au



DovidaTM
Your Life, Your Way

Our Services

- Dementia Care
- Everyday Companionship
- Home Help
- Hospital to Home
- Live-in Care
- Meal Preparation
- Medication Reminders
- Overnight Care
- Palliative Care
- Personal Care
- Respite Care
- Transport Services

